

EQUINE WELLNESS PHOTOGRAPHY PROGRAMS & WORKSHOPS

A wonderful opportunity
to open the door to self awareness
in a natural and comfortable
setting.

NOW
OFFERED AT
SIERRA
ACRES

FOR ADULTS & SENIORS



CREATIVITY IS THE ROAD
TO WELLNESS

**Picture Yourself Well
Art & Photo Therapies**
3315 Yonge Street,
Toronto, ON
416.712.5689
drawmeapic@gmail.com
www.pictureyourselfwell.com

**Sierra Acres
Equine Assisted Healing Centre**
3188 Eramosa-Milton Townline,
Rockwood, ON
905.876.5423
anneporteous@sympatico.ca
www.sierracres.ca



Equine Photography Wellness Programs & Workshops

Our Equine based Photographic Wellness Programs offer a wonderful blend of horses and photography, giving you a chance to take and view images that will help you better understand the challenges you face and how to move beyond them.

Individualized sessions and personalized workshops are also available. Feel free to contact Kelly or Anne for further information or to arrange an individual session or customized workshop.

Sierra Acres

Equine Assisted Healing Centre

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Rockwood, ON, N0B 2K0
905.876.5423**

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